TO LOWER ENERGY COST

Switch off standby

You can save around £65 (£30 in NI) a year just by remembering to turn your appliances off standby mode.

Draught-proof windows and doors

Unless your home is very new, you
will lose some heat through draughts
around doors and windows, gaps
around the floor, or through the
chimney.



Turn off lights

Turn your lights off when you're not using them or when you leave a room. This will save you around £25 (£12 in NI) a year on your annual energy bills..

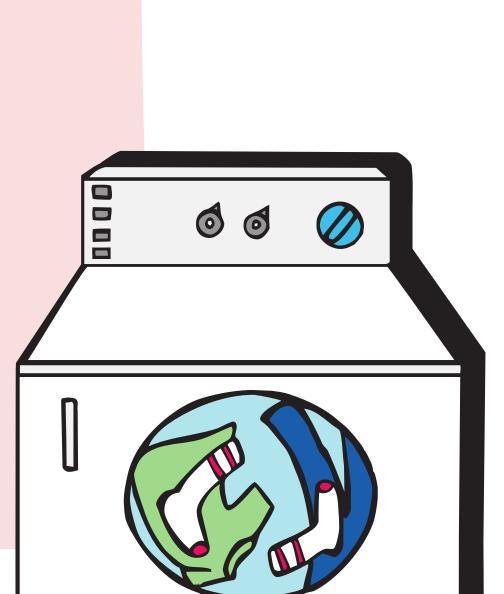
Careful with your washing

You can save around £34 (£16 in NI) a year from your renergy bill just by using your washing machine more carefully

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Avoid the tumble dryer

Avoid using a tumble dryer for your clothes: dry clothes on racks inside where possible or outside in warmer weather to save £70 (£35 in NI) a year



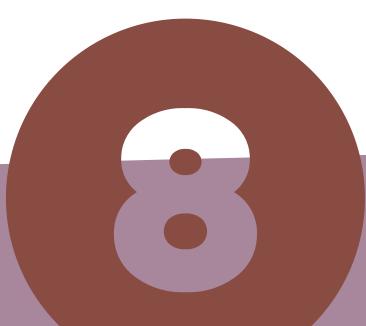




Spend less time in the shower Keeping your shower time to just 4 minutes could save a typical household £95 (£90 in

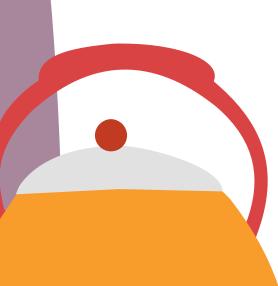
Swap your bath for a shower

Some of us might enjoy a long soak in the bath, but swapping just one bath a week with a 4-minute shower could save you £20 (£19 in NI) a year on your energy bills.



Be savvy in the kitchen

Kettles are one of the most used appliances in the kitchen. But many of us will admit that we at least occasionally boil the kettle with more water than we're going to use. Avoid overfilling the kettle and save yourself £13 (£6 in NI) a year on your electricity



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Fill your dishwasher

Only run your dishwasher when it is full to reduce the amount of water you use. Reducing your dishwasher use by one run per week for a year could save you £17 (£8 in NI).



Top up the insulation

Effective insulation of your hot water cylinder is important: even if you have thin spray foam or a loose 25mm jacket, you can benefit from increasing the insulation to a British Standard Jacket 80mm thick, saving £70 (£65 in NI) a year in the process